# **Auto-Urotherapy - Injection**



# What is Auto-Urotherapy?

Auto urotherapy is an ancient Ayurvedic practice that uses urine to regulate the immune system and decrease the immune response to allergens. When the body is exposed to an allergen or antigen, the body mounts an immune response, producing antibodies to counter it.

These antigen-antibody complexes are excreted in the urine. It is proposed that reintroducing these causes our immune system to again produce the appropriate antibodies that can then minimize the original allergic response and relieve allergy symptoms. It can be effective in relieving sensitivities to food and environmental allergens.

#### Uses

Allergies and sensitivities to food, mold, pollen, dander, and other environmental allergens

# **Ingredients**

- Urine
- 0.9% Normal Saline
- Homeopathics (optional)

## **Side Effects**

#### Common

Irritation & pain at injection site

#### Rare

Infection

## **Duration**

10 minutes

## Procedure

Have patient expose themselves to potential offending allergens. Do not do this is for anaphylactic allergies. Collect first morning urine in a sterile cup.

An injection containing filtered urine and normal saline is then administered intramuscularly in the glute or deltoid.

# Patient Prep

Patient to collect and bring first morning urine sample.

Please inform a lab technician and/or your doctor if you have any allergies; have a history of any reaction to intravenous treatment or have any concerns regarding this treatment. Please consult with your ND if you condition worsens.

Please consult with your ND if you condition persists or worsens.

If you have any questions, please contact us at (604)738-1012, ext.1

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