



# Rehydration - IV Drip

## What is Rehydration IV?

This drip contains vitamin C, B-vitamins, folic acid, zinc, potassium, magnesium, calcium and molybdenum in a base of sterile water.

The Rehydration Drip provides these essential vitamins and electrolytes in a larger volume or solution to replenish lost nutrients and restore fluid loss. Adequate hydration is crucial to regulate body temperature, keep joints lubricated, prevent infections, deliver nutrients to cells, and keep organs functioning properly. Extensive physical activity (especially in hot weather), certain chronic conditions, and older populations may be at an increased risk of dehydration.

This balanced replenishing formula is also useful to diminish nutrient depletion, or just to restore and maintain healthy nutritional status.

## Ingredients

- Zinc Sulfate
- Potassium Chloride
- Magnesium Chloride
- Calcium Chloride
- B5 Dexpanthenol
- B6 Pyridoxine
- B-Complex
- Ascorbic Acid
- Methylcobalamin
- Folic Acid
- Molybdenum
- Sodium Bicarbonate
- Sterile Water

## Uses

- Dehydration
- Diminish nutrient depletion
- Restore and maintain healthy nutritional status

## Procedure

This IV has one component, administered from a hanging intravenous bag into a single IV access site.

## Side Effects

### Common

- Bruising of discomfort at IV access site
- Fatigue
- Heat & flushing sensation to the magnesium
- B-vitamin taste

### Rare

- Allergic reaction
- Nausea
- Hypoglycemia
- Temporary numbness in hands from rapid infusion
- Detox reactions: headache, body ache

## Duration

2-3 hours

## Patient Prep

Please arrive on time and well-hydrated. Please ensure that you have eaten prior to the intravenous treatment.

Please inform a lab technician and/or your doctor if you have any allergies; have a history of any reaction to intravenous treatment or have any concerns regarding this treatment.

Please consult with your ND if your condition persists or worsens.

If you have any questions, please contact us at (604) 738-1012, ext.1

