## Age Management - IV Drip



## What is Age Management IV?

This IV is specific to support healthy aging by providing 100% absorption of nutrients into the bloodstream and increase cellular uptake. It consists of magnesium, calcium, B vitamins, selenium, Aminosyn and Vitamin C. As we age, gastric acid and intestinal absorption of nutrients often declines, decreasing the bioavailability of important nutrients needed to maintain adequate tissue integrity and metabolic function.

Aminosyn is a unique combination of both essential and non-essential amino acids, which provide the building blocks for proteins in the body. It also contains electrolytes, which help to regulate nerve and muscle function, and maintain water balance, and balance blood acidity and pressure.

Vitamin C is an important cofactor for various enzymes involved in immune function, collagen synthesis, and is a well-known antioxidant. Magnesium, selenium, and B vitamins are involved in most metabolic pathways in the body and are particularly important for detoxification and cellular energy.

#### Uses

- Tissue regeneration
- · Nutrient repletion
- Immune support
- Electrolyte balance and hydration
- · Muscle wasting

#### **Duration**

30-45 minutes

### Ingredients

- 0.9% Normal Saline
- Selenium
- Magnesium
- B5
- B6
- B-Complex
- B12
- · Ascorbic Acid
- Calcium
- Aminosyn 10%

#### **Side Effects**

#### Common

- Heat & flushing sensation due to the magnesium
- · B-vitamin taste
- Fatique
- Nausea
- Irritation at IV access site

#### Rare

- Temporary numbness in hands from rapid infusion
- Detox reactions: headache, body ache
- Swelling of legs, arms, feet, hands
- · Dark urine

#### Procedure

This IV has one component, administered from a hanging intravenous bag into a single IV access site.

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## Patient Prep

Please arrive on time and be well-hydrated. Please ensure that you have eaten prior to the intravenous treatment. Please inform a lab technician and/or your doctor if you have any allergies; have a history of any reaction to intravenous treatment or have any concerns regarding this treatment. Please consult with your ND if you condition persists or worsens. If you have any questions, please contact us at (604)738-1012, ext.1 **Notes** 

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